

Addressing Challenging Client Situations with Cultural Humility



Instructor: Grant Hovik, MA
UCLA Integrated Substance Abuse
Programs

Instructor Information:

Grant Hovik, MA received his Master of Arts degree in Clinical Psychology from Columbia University, Teachers College. Currently, he is a trainer and online curriculum developer for UCLA's Integrated Substance Abuse Programs (ISAP) and the Pacific Southwest Addiction Technology Transfer Center (PSATTC), where he conducts a variety of trainings on evidence-based substance use disorder treatment including Motivational Interviewing and Screening, Brief Intervention, and Referral to Treatment.

Course description:

This training will help participants define cultural humility and begin to raise awareness of the cultural factors that can have an impact on treatment retention and outcomes.

Date: November 28, 2023

Time: 9:00am-12:15pm **(via Zoom)**

Location: **Virtual-** A zoom link will be emailed to all registered participants

RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>
All other interested partners, please visit www.rcdmh.org/wet
Free to all registered participants

Continuing Education Credits: This course is approved for 3 continuing education units/credits/hours.

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

Addressing Challenging Client Situations with Cultural Humility

November 28, 2023

9:00am-12:15pm

Course Description: Substance use disorders (SUD) are pervasive and chronic conditions that can impact the lives of any person regardless of ethnicity, race, culture, religious preference, sexuality, gender, or any other individual or group factor. Learning how to approach each individual who asks us for help with humility and a willingness to accept those individual differences is crucial to providing effective treatment for successful outcomes. This training will help participants define cultural humility and begin to raise awareness of the cultural factors that can have an impact on treatment retention and outcomes. Using the most current data and incorporating real world clinical examples, the interactive training will demonstrate the importance of incorporating cultural humility into daily clinical practice

Instructor Information: Grant Hovik, MA received his Master of Arts degree in Clinical Psychology from Columbia University, Teachers College. Mr. Hovik has worked in the field of substance use disorders through research, training, and technical assistance since 2006. Currently, he is a trainer and online curriculum developer for UCLA's Integrated Substance Abuse Programs (ISAP) and the Pacific Southwest Addiction Technology Transfer Center (PSATTC), where he conducts a variety of trainings on evidence-based substance use disorder treatment including Motivational Interviewing and Screening, Brief Intervention, and Referral to Treatment.

Audience: Recommended staff include:

- Psychologists
- LMFTs and LCSWs
- Registered Nurses
- Certified Substance Use Disorder Treatment Counselors
- Other Behavioral Health Specialists/Clinicians

Seat #: 50

Learning Objectives:

1. Recognize two (2) ways stigma of substance use disorders impact treatment planning and service delivery.
2. Explore two (2) possible cultural identities that are centrally important to client care.
3. Explain two (2) treatment approaches consistent with cultural humility and client-centered care.
4. Compare three (3) different stigma mechanisms that can lead to health impairments.
5. Apply three (3) organizational strategies for reducing stigma and enhancing cultural humility.

Course outline: Pending

Time	Topic/Content
8:45am-9:00am	Registration

Continuing Education: The training course meets the qualifications for the provision of three (3.0) continuing education credits/ contact hours (CEs/CEHs).

UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for six (6.0) hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N- 00-445-1123), CATCs (ACCBC/CAADE, #CP40 872 C 0825), and CAODCs (CADTP, #151). Provider is approved by the California Board of Registered Nursing, Provider #15455, for **3.0** contact hours. CE credit will be awarded for full participation within 6-8 weeks following the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>) The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024) or by phone (310-267-5397). Alternately, you may contact Dr. Gloria Miele or Dr. James Peck, ISAP-affiliated doctoral-level psychologists responsible for program planning for the ISAP CE Program. Drs. Miele and Peck can be reached in writing at: 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025 or by phone at: 310-267-5888 (Miele) or 310-267-5346 (Peck).